

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: De Smedt Leny HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M MEDLEY MEN 11+					Heat:1, starttime: 09:10
Heat: 1/10 Lane : 6 Athlete: DIERICK ROBBE					Q-time: 02:00:32
PB (25m pool): 02:00.32 Temse 21/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:59.97		02:00.32	
		00:59.97		01:00.35	
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:6, starttime: 09:20
Heat: 6/10 Lane : 5 Athlete: DE COCK MATZ					Q-time: 01:15:70
PB (25m pool): 01:15.70 Lokeren 28/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.14		01:15.70	
		00:35.14		00:40.56	
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:8, starttime: 09:24
Heat: 8/10 Lane : 2 Athlete: VAN DE WINKEL MILAN					Q-time: 01:10:34
PB (25m pool): 01:10.34 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.34	
		no time			
					

Coach feedback:

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Event number: 19: 100M MEDLEY MEN 11+					Heat:8, starttime: 09:24
Heat: 8/10 Lane : 3 Athlete: VERHULST MEINDERT					Q-time: 01:09:11
PB (25m pool): 01:09.11 TEMSE 30/03/2025			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.75		01:09.11	
	00:32.75		00:36.36		
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:10, starttime: 09:27
Heat: 10/10 Lane : 1 Athlete: VERHULST LENNERT					Q-time: 01:04:60
PB (25m pool): 01:04.60 Zottegem 01/03/2026			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:04.60	
	no time				
					

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:1, starttime: 09:29	
Heat: 1/9 Lane : 5 Athlete: DEBAETS ELIEN							Q-time: 02:41:78	
PB (25m pool): 02:41.78 Dendermonde, 22/11/2025				PB (50m pool): 02:42.19 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.81		01:19.35		no time		02:41.78
	00:36.81		00:42.54					
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:4, starttime: 09:39	
Heat: 4/9 Lane : 3 Athlete: VANDER MIJNSBRUGGE LORE							Q-time: 02:28:60	
PB (25m pool): 02:28.60 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:28.86 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.28		01:11.36		01:51.34		02:28.60
	00:33.28		00:38.08		00:39.98		00:37.26	
								

Coach feedback:

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Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:8, starttime: 09:50	
Heat: 8/9 Lane : 8 Athlete: VAN DEN BREMT SARAH							Q-time: 02:17:73	
PB (25m pool): 02:16.85 Diksmuide 17/11/2024				PB (50m pool): 02:18.90SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.96		01:05.81		01:41.71		02:16.85
	00:30.96		00:34.85		00:35.90		00:35.14	
								

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:3, starttime: 10:00
Heat: 3/6 Lane : 1 Athlete: SCHEPERS RUBEN				Q-time: 01:18:24	
PB (25m pool): 01:18.24 Temse 31/05/2026			PB (50m pool): 01:18.81 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.43		01:18.24	
	00:35.43		00:42.81		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+						Heat:3, starttime: 10:00	
Heat: 3/6 Lane : 4 Athlete: LUYPAERT EDEN					Q-time: 01:12:32		
PB (25m pool): 01:17.29 Sinbad 05/10/2025				PB (50m pool): 01:12.32 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		00:34.86		01:17.29			
	00:34.86		00:42.43				
							

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+							Heat:5, starttime: 10:04	
Heat: 5/6 Lane : 8 Athlete: VAN DEN BREMT MATHIAS							Q-time: 01:06:51	
PB (25m pool): 01:07.05 TEMSE 23/11/2025				PB (50m pool): 01:06.51 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:30.64		01:07.05				
	00:30.64		00:36.41					
								

Coach feedback:

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Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:1, starttime: 10:08
Heat: 1/5 Lane : 6 Athlete: HUYLEBROECK JANNE					Q-time: 02:01:48
PB (25m pool): 02:03.35 Sint-Niklaas 28/12/2025					PB (50m pool): 02:01.48 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:00.08		02:03.35	
	01:00.08		01:03.27		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:3, starttime: 10:13
Heat: 3/5 Lane : 7 Athlete: VANDERSTRAETEN HELENA					Q-time: 01:44:17
PB (25m pool): 01:49.44 Dendermonde. 22/11/2025					PB (50m pool): 01:44.17 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.28		01:49.44	
	00:50.28		00:59.16		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:5, starttime: 10:17
Heat: 5/5 Lane : 1 Athlete: BELMANS MARGAUX					Q-time: 01:31:04
PB (25m pool): 01:31.04 Temse 31/05/2026					PB (50m pool): 01:33.96 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.07		01:31.04	
	00:43.07		00:47.97		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 10:20
Heat: 1/11 Lane : 3 Athlete: DIERICK ROBBE					Q-time: 01:56:68
PB (25m pool): 02:00.48 Aartselaar 01/11/2025					PB (50m pool): 01:56.68 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:59.38		02:00.48	
	00:59.38		01:01.10		
					

Coach feedback:

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Event number: 23: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 10:30
Heat: 5/11 Lane : 6 Athlete: SCHEPERS RUBEN					Q-time: 01:17:14
PB (25m pool): 01:17.14 Temse 31/05/2026					PB (50m pool): 01:18.38 SB: 01:18.11 BEERNEM 19/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.36		01:17.14	
	00:37.36		00:39.78		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:9, starttime: 10:39
Heat: 9/11 Lane : 4 Athlete: VAN DE WINKEL MILAN					Q-time: 01:08:54
PB (25m pool): 01:08.54 T Rosco 12/10/2025					PB (50m pool): 01:09.85 SB: 01:10.27 BEERNEM 19/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.54	
	no time				
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:10, starttime: 10:41
Heat: 10/11 Lane : 8 Athlete: POPPE WARRE					Q-time: 01:07:51
PB (25m pool): 01:09.55 Temse 17/11/2025					PB (50m pool): 01:07.51 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.69		01:09.55	
	00:34.69		00:34.86		
					

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:1, starttime: 10:45	
Heat: 1/3 Lane : 2 Athlete: DEBAETS ELIEN							Q-time: 03:12:65	
PB (25m pool): 03:17.25 Temse 21/12/2025				PB (50m pool): 03:12.65 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.46		01:32.99		02:26.31		03:17.25
	00:42.46		00:50.53		00:53.32		00:50.94	
								

Coach feedback:

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Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:2, starttime: 10:50	
Heat: 2/3 Lane : 1 Athlete: VAN DE WINKEL LOLA							Q-time: 03:00:71	
PB (25m pool): 03:00.71 Temse 17/11/2025				PB (50m pool): 03:02.65 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.40		01:28.35		02:15.79		03:00.71
	00:41.40		00:46.95		00:47.44		00:44.92	
								

Coach feedback:

Event number: 25: 400M MEDLEY MEN 13+							Heat:2, starttime: 11:03	
Heat: 2/2 Lane : 1 Athlete: VAN DEN BREMT MATHIAS							Q-time: 05:15:40	
PB (25m pool): 05:15.40 T Rosco 12/10/2025				PB (50m pool): 05:19.87SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.79		01:13.64		01:53.64		02:33.15
	00:33.79		00:39.85		00:40.00		00:39.51	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:18.86		04:04.70		04:40.91		05:15.40
	00:45.71		00:45.84		00:36.21		00:34.49	
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+							Heat:1, starttime: 11:10	
Heat: 1/11 Lane : 3 Athlete: DEBAETS ELIEN							Q-time: 00:34:84	
PB (25m pool): 00:35.82 TEMSE 30/03/2025				PB (50m pool): 00:34.84SB: no time				
	2 5 M		5 0 M					
PB			00:35.82					
			00:35.82					
								

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: AZL

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:6, starttime: 11:15
Heat: 6/11 Lane : 7 Athlete: VANDER MIJNSBRUGGE LORE			Q-time: 00:30:35
PB (25m pool): 00:31.36 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:30.35 SB: no time
	2 5 M	5 0 M	
PB		00:31.36	
		00:31.36	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:2, starttime: 11:23
Heat: 2/7 Lane : 5 Athlete: BOEL ELIAS			Q-time: 00:42:09
PB (25m pool): 00:42.09 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:52.39 SB: no time
	2 5 M	5 0 M	
PB		00:42.09	
		00:42.09	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:4, starttime: 11:25
Heat: 4/7 Lane : 7 Athlete: DE COCK MATZ			Q-time: 00:37:20
PB (25m pool): 00:37.86 Sinbad 05/10/2025			PB (50m pool): 00:37.20 SB: no time
	2 5 M	5 0 M	
PB		00:37.86	
		00:37.86	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:4, starttime: 11:25
Heat: 4/7 Lane : 8 Athlete: LUYPAERT EDEN			Q-time: 00:37:33
PB (25m pool): 00:39.50 Sinbad 05/10/2025			PB (50m pool): 00:37.33 SB: no time
	2 5 M	5 0 M	
PB		00:39.50	
		00:39.50	
			

Coach feedback:

PK KB OVL 26: Session: 3: COACH evaluation sheet for TEAM: AZL

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:5, starttime: 11:26
Heat: 5/7 Lane : 3 Athlete: POPPE WARRE			Q-time: 00:34:81
PB (25m pool): 00:34.81 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:36.16 SB: no time
	2 5 M	5 0 M	
PB		00:34.81	
		00:34.81	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:6, starttime: 11:27
Heat: 6/7 Lane : 3 Athlete: VERHULST MEINDERT			Q-time: 00:32:29
PB (25m pool): 00:32.29 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:32.44 SB: no time
	2 5 M	5 0 M	
PB		00:32.29	
		00:32.29	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:7, starttime: 11:28
Heat: 7/7 Lane : 4 Athlete: VERHULST LENNERT			Q-time: 00:30:19
PB (25m pool): 00:30.19 LEUVEN 23/11/2025			PB (50m pool): 00:30.81 SB: no time
	2 5 M	5 0 M	
PB		00:30.19	
		00:30.19	
			

Coach feedback: